

## Arthurses Mt. Washington Mt. Washington Arthurses A

are as easy as 1, 2, 3.

## 1. ASK A FRIEND

or a family member, or a colleague to join you, or take a stroll by yourself.

## 2. PICK A ROUTE

orange 1 mi ~20 mins

green 2 mi ~40 mins

pink 3.75 mi ~60 mins

## 3. WALK OR RUN IT

follow the color coded signs on the way and have fun!